



Product Specifications Beef Croquettes

Description: A great tasting crumbed beef and vegetable croquette. An excellent choice for meat lovers looking for a snack or a light meal.

Packaging:	Net weight per carton: 2kg Units per carton: 40 Outer box dimensions: 280mmx200mmx100mm (L x W x H)	
Item Code:	KQF052	
Barcode:	9333296009381	
Storage Instructions:	Keep frozen. Store at or below minus 18°C.	
Cooking Instructions:	Deep fry : From frozen at 180°C for approx 5-6 minutes. Conventional Oven : Preheat oven to 210°C and bake from frozen for approx 15-20 minutes.	

Ingredients: Reconstituted Potato {Water, Potato, Stabiliser(450), Preservative(222)}, Water, Beef(11%), Crumbs (Wheat Flour, Sugar, Salt, Yeast, Wheat Gluten), Canola Oil, Textured Vegetable Protein, Rice Flour, Carrots, Peas, Onion, Wheat Gluten, Wheat Flour, Soy Sauce Powder {Soy Beans, Salt, Tapioca, Alcohol}, Salt, Thickener (1414), Wheat Plant Fibre, Sugar, Natural Colour (150a), Soy Flour, Onion Powder, Hydrolysed Maize Protein, Flavour.

Nutrition Information: The following nutritional information applies to product prior to further cooking.

Nutrition Information			
Average Serving Size: 50g Servings per package: 40	Average per serve	Average per 100g	
Energy (kJ)	462	925	
Protein (g)	3.9	7.7	
Fat total (g)	5.1	10.2	
Saturated Fat (g)	1.3	2.6	
Carbohydrate (g)	12.2	24.4	
Sugar (g)	2.4	4.7	
Sodium (mg)	188	376	

Allergens: Wheat, Soy & Gluten

Country of Origin: Made in Australia from at least 73% Australian ingredients.

Shelf Life: 12 Months